

# IronWorks: **8 THINGS** Every Man Can Give

February 5 & 10, 2010

“Affirmation” Teacher: Roger Thompson

## MEN’S PORTABLE AFFIRMATION KIT:

- **THE TEMPLATE: Ephesians 4:29**

Clean work space: *“Do not let any unwholesome talk come out of your mouths...”*

Measure twice: *“but only what is helpful for building others up...”*

Cut once: *“according to their needs.”*

- **POWER SUPPLY: Words**

*“The tongue has the power of life and death, and those who love it will eat its fruit.”* Proverbs 18:21

*“An anxious heart weighs a man down, but a kind word cheers him up.”* Proverbs 12:25

*“The tongue that brings healing is a tree of life, but a deceitful tongue crushes the spirit.”* Proverbs 15:4

*“Pleasant words are a honeycomb, sweet to the soul and healing to the bones.”* Proverbs 16:24

*“A words aptly spoken is like apples of gold in settings of silver.”* Proverbs 25:11

Descriptive words:

Knowledgeable words:

Personal words:

- **ON-SITE APPLICATIONS: People**

Vertical: Young and inexperienced...Successful and gifted

Horizontal: Women...Men...Children

Continuous: Beginning...In process...Results

### Small Group Discussion Questions

① What is the most affirming word you have received at work? At home? What did it do for you?

② How would you describe the “affirmation quotient” in your home growing up?

(negative) 0 . . . 1 . . . 2 . . . 3 . . . 4 . . . 5 . . . 6 . . . 7 . . . 8 . . . 9 . . . 10 (positive)

Have you done anything differently in your own home?

③ Who, in your world, needs to hear affirmation from you? ...at work...at home...at church?

④ Pray together!